



HARLESTON SANCROFT
ACADEMY

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Diocese of Norwich
St Benet's
Multi Academy Trust

Value for this half term: **Hope**

Theme for this week (02 - 06 October 2023): **Bringing hope to others**

Life Skills theme for the week: **We are compassionate and caring**

Life in All its Fullness:

October is a great time of the year to take a moment to **celebrate reading** and the imagination. The first Thursday of the month is 'National Poetry Day', the first week is 'Libraries Week' and the whole of October is 'Book Month' in the UK.

In school, we plan reading opportunities across the curriculum

- focusing on fiction and non-fiction - to give students the opportunity to practise and gain confidence in reading for meaning, as well as learning new vocabulary, knowledge, skills and understanding of the wider world.

Not only is 'reading for meaning' an invaluable life skill, the critical foundation for developing logic and problem-solving, but reading widely also offers us the possibility of using our imaginations, hearing a range of voices and experiencing whole new worlds.

What are the benefits of 'reading for pleasure'?

- 19% of readers say that reading stops them from feeling lonely;
- Higher literacy skills are associated with a range of societal benefits, including having a stronger sense of belonging to society and being more likely to trust others;
- Studies found that reading for pleasure enhances empathy, understanding of the self, and the ability to understand one's own and other's identities;
- Regular readers for pleasure reported fewer feelings of stress and depression than non-readers, plus they reported stronger feelings of relaxation from reading than watching television or engaging with technology intensive activities;
- Those who read for pleasure have higher levels of self-esteem and a greater ability to cope with difficult situations.
- Reading for pleasure is associated with better sleeping patterns.
- Adults who read for just 30 minutes a week are 20% more likely to report greater life satisfaction.

'The Reading Agency'

There's a lot more information about the benefits of reading for pleasure [here](#) - and some great ideas for **promoting reading for pleasure at home** with young/teen readers [here](#).

Our Vision

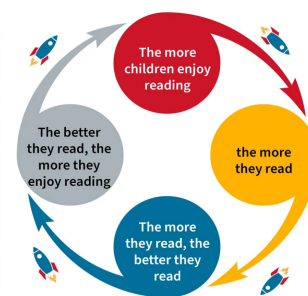
The Harleston Sancroft Academy is a community that flourishes, through God's love, to live

'Life in All its Fullness'.

(JOHN 10:10 AND JOHN 13:34).

We are a foundation of **Hope**; a family of **Love**; a school of nurture guided by **Faith**; promoting a unique, personalised journey towards excellence.

THE VIRTUOUS reading cycle



Primary Phase: Head of School: Mrs Jane Price, BA (Hons), School Lane, Harleston, Norfolk, IP20 9HG

Secondary Phase: Head of School: Ms Kirsten Parker, BA (Hons), Wilderness Lane, Harleston, Norfolk, IP20 9DD

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Thinking about it being **National Poetry Day** on Thursday, here's an unusual love poem by **Matt Harvey**, from his collection 'The Hole in the The Sum of My Parts', which has been described as the 'trials and triumphs of hope experience. Playful, perceptive, affectionate and above all, funny.'

TO A VERY SPECIAL SLOPE

You're such a radiant gradient
A smooth one, not a hilly one
Your red-rimmed sign says you're one in nine
But to me you're one in a million.



A second love poem, 'The Orange', by **Wendy Cope**, 'is about the simple day-to-day things - such as buying an orange and sharing it with work colleagues, or walking in the park'. The beauty of this poem is in its touching simplicity, its celebration of human flourishing, and the faint hint of the absurd suggested by that huge orange...'

The Orange

At lunchtime I bought a huge orange—
The size of it made us all laugh.
I peeled it and shared it with Robert and Dave—
They got quarters and I had a half.

And that orange, it made me so happy,
As ordinary things often do
Just lately. The shopping. A walk in the park.
This is peace and contentment. It's new.

The rest of the day was quite easy.
I did all the jobs on my list
And enjoyed them and had some time over.
I love you. I'm glad I exist.

Reading with your child:

There's a great deal to be gained from reading together; reading with your child is definitely not something that should automatically stop when they make the transition from Y6 to Y7.



Key dates for October:

Y10 students and their families: *Welcome to KS4 Evening* - Thurs 5 Oct '23 (Studio) - 17:00-18:00

Y10 & Y11 *FE Event* - Thurs 12 Oct '23 (Main Hall) - 16:30-18:30

French & History Excursion departs - Thurs 12 Oct '23

Y11 *Revision Evening* (for students & parents/carers) - Tues 17 Oct '23 - 17:00-18:30

Friends of Harleston Sancroft Academy AGM - Tues 17 Oct - from 19:15

Y7 *Reading Together Evening* - Thurs 19 Oct '23 - 17:30 - 18:30

October half-term holiday: Mon 23 Oct - Fri 27 Oct '23.

Students return to school after the holiday: Mon 30 Oct '23.



School website and Twitter: The [school website](#) is a useful source of information.

Please also visit the Harleston Sancroft Academy [Twitter feed](#) for photos and updates.

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A Prayer for Peace this coming month
(Crosswalk.com)



Father, I know that you are all-powerful, that you are Sovereign, and that nothing is too difficult for you. Yet today, I still struggle with worry and fear, still carrying the same burdens leftover from yesterday. It's hard to shake it off even though I'm desperate to leave it fully in your hands.

Please lift all the things that are weighing me down, right off shoulders and heavy heart, and give me the peace that only you can provide. I know that you care for whatever concerns me, and your ears are open to my prayers. I know that you understand my struggles, and you see right where I am, even on the days I feel that no one notices. Guard my heart and mind in you today, as I meditate on your words and truth. In your name we pray, Amen.