



HARLESTON SANCROFT
ACADEMY

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Diocese of Norwich
St Benet's
Multi Academy Trust

Value for this half term: **Wisdom**

Theme for this week (5 February - 9 February 2024):

Wise decisions as a school

Life Skills theme for the week: **We can manage our feelings**

Life in All its Fullness:

This week is [Children's Mental Health Week](#). In form time students will be talking about this year's theme: "My Voice Matters", as well as exploring empathy and considering a range of scenarios. We will be reminding students that they can seek help in school from their form tutor, the pastoral support team, Head of Year, other members of staff and also ["Kooth"](#).

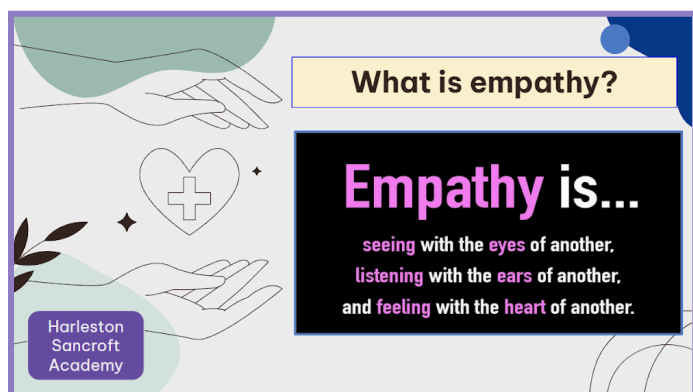
Our Vision

The Harleston Sancroft Academy is a community that flourishes, through God's love, to live

'Life in All its Fullness'

(JOHN 10:10 AND JOHN 13:34).

We are a foundation of **Hope**; a family of **Love**; a school of nurture guided by **Faith**; promoting a unique, personalised journey towards excellence.



During Children's Mental Health Week, parents and carers may be interested in helping children at home to undertake some of the [creative activities](#) aimed at 11-14 year olds.

There are also some excellent mental health conversation starters which can be found in the online resources [\(Top tips for families\)](#) and below:

Here is a poem called ['Kindness'](#), by Brian Bilston.

It is quite short, but if you don't have time to read the five stanzas, here's a key takeaway: kindness lies "dormant within us, like a seed / in need of certain conditions to grow". Hopefully we can all take some time this week to grow kindness in our community.

Online Safety Newsletters:



We recognise that parents and carers have a vital role in helping children and young people to stay safe online. We know that it can appear to be a minefield, but there are some great resources to support this, including from the [UK Safer Internet Centre](#); [Just One Norfolk](#), and our



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monthly online safety newsletters [here](#) - plus specific Safer Internet Day resources [here](#).



Pre-loved school uniform:

Please be aware that there is an opportunity for families to acquire some free, pre-loved items of school uniform. We have been informed that there is a greater range of primary age uniform available, but there are secondary items too, including shirts, trousers and the older style PE tops.

As well as attending the April event, families are invited to kindly donate clothes in advance to The Swan Hotel, Harleston, or to Fiona at 60 Pilgrims Way, Harleston.

School uniform reminders:

Over time, a small number of students will inevitably try to 'personalise' the school uniform. Please can parents and carers support us in helping young people to meet the uniform requirements and maintain our high standards.

In particular, hoodies are *not* to be worn; all young people must wear low-heeled, polishable, black leather shoes (or faux leather alternatives); canvas shoes and trainers - such as Nike Air Force 1s - are *not* permitted.

School ties and blazers are to be worn every day, as per the details and [secondary phase image](#) previously shared by Mr Connelly. If you have any uniform-related queries, please contact the office, or ask students to speak to their form tutor at

school.

Key dates for the next few weeks:

- 12 Feb: Y9 Drama workshop
- 15 Feb: Y9 Parents'/Carers' Evening
- 16 Feb: Y11 Geography Field Trip
- 19 Feb: Half-term holiday begins
- 26 Feb: Return to school after the half-term holiday
- 27 Feb: Year 11 (internal) exams commence

School website and X/Twitter: The [school website](#) is a useful source of information. Please also visit the Harleston Sancroft Academy [X/Twitter feed](#) for photos and updates.

On X and elsewhere, you might have seen the following post:

The Church of England [@churchofengland](#) - Did you know our Daily Prayer audio services were downloaded over 3.5 million times in the past year? The latest version of our free app now has services for 2024. Download or update free [here](#), or at <http://cofe.io/DailyPrayerApp>.

Prayer for the week ahead:

Dear Lord,

Thank you for the daily acts of kindness in our school and wider community; for peoples' generosity and love. Help me to be kind through my words, actions and attitude.

Amen.



